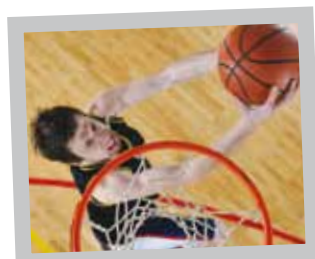


EDINBURGH'S FESTIVAL OF SPORT

4 - 13 JUNE 2010



Edinburgh's Festival of Sport is brought to you by Activity and supported by ClubSportEdinburgh
www.activcity.info or www.clubsportedinburgh.org

ACTIVITY
SPORT AND PHYSICAL ACTIVITY IN EDINBURGH

Edinburgh Leisure

• EDINBURGH •
YOUR COUNCIL - YOUR FUTURE

ClubSportEdinburgh

FESTIVAL OF SPORT

Welcome to Edinburgh's Festival of Sport!

This year's programme has an even wider range of sports and activities, designed to showcase the city's many different sports clubs. Everyone, both residents and visitors, can easily become more physically active for a healthier lifestyle. Find an activity that suits you and most of them are FREE to try!

The Festival of Sport is brought to you by Activity and is once again supported by ClubSportEdinburgh, City of Edinburgh Council and Edinburgh Leisure.

Listed below is the full festival programme on a daily basis but we strongly recommend you phone the contact details to confirm exact times, costs and venues.

FRIDAY 4TH JUNE DISABILITY BOWLING

Portobello Indoor Bowling Centre
10.00am to 2.00pm

Come along and see what is on offer for disability groups.
Book in advance on 0131 669 0878

YOUTH TOUCH RUGBY FESTIVAL

Meggetland Sports Complex
12 noon to 4.00pm

All Edinburgh high schools are invited to send an S1/2 team to play in a Touch rugby festival. Fast paced and fun! This will be an excellent event for young children.
Contact 0131 529 7993

MURRAYFIELD WANDERERS RUGBY "TASTER"

Murrayfield 2.00pm to 4.00pm
Murrayfield Wanderers RFC is offering two introductions to rugby sessions. Everyone welcome to turn up and try the activities.

Touch Rugby: open to potential players both male and female, no experience necessary.
Youth Rugby: open to all primary aged children who would like to try out rugby.
Contact 0131 334 2793

MURRAYFIELD - DAFS YOUTH CRICKET COACHING

Roseburn Park
6.00pm to 8.00pm
Cricket coaching and practice sessions aimed at children aged 7 to 14 years.
Both beginners and experienced welcome.
Book in advance on 0773 007 4174

SATURDAY 5TH JUNE WOMAN ON WHEELS CYCLE RIDE

Meet outside Commonwealth Pool
10.00am to 12 noon
Hervelo, Edinburgh's only women's cycling club, invites you to join a beginner's cycle ride on cycle paths.
Contact hervelo@hotmail.co.uk

COME & TRY LITTLE ATHLETICS

Queensferry High School
10.30am to 12.30pm
Free athletic taster sessions for children.
10.30am - 11.30am under 8's
11.30am - 12.30am over 8's
Contact 0131 331 1880

COME & TRY TANG SOO DO

Gracemount Leisure Centre
11.00am to 12 noon
Free taster for anyone aged six and over.
Just turn up on the day!
Contact 0786 677 7907

LGBT COMMUNITY SPORTS DAY

Queen Street Gardens
11.00am to 4.00pm
Bringing together the whole LGBT community for a day of sports and games.
Book in advance on 0131 523 1100

RECREATIONAL OUTDOOR VOLLEYBALL

The Meadows
12.30pm to 4.00pm
Men and women of all abilities welcome for recreational volleyball with
www.jetsvolleyball.co.uk
Contact 0771 928 0169
or info@jetsvolleyball.co.uk

TENNIS OPEN DAY

St Margaret's Park, Corstorphine
2.00pm to 4.00pm
All the family is welcome to come along and join in. Coaches available for advice and to organise games. Contact 0791 937 7027

FREE GOLF LESSON

Craigentiny Golf Course
At 4.30pm & 5.30pm
Free one hour lessons for beginners offered by Edinburgh Leisure.
Must book in advance on 0131 458 2100

FREE ROUND OF GOLF

Braids, Carrick Knowe,
Craigentiny & Silverknowes
From 6.00pm
Free round of golf offered by Edinburgh Leisure.
Booking recommended at each course up to seven days in advance.

SUNDAY 6TH JUNE TRY TENNIS

Craiglockhart Tennis Centre
6.00pm to 7.00pm
Play sport in a relaxed and friendly environment. This group meet every week and tennis is an ideal way to keep fit without the gym.
Book in advance on 0788 190 0251

RUN/WALK FOR SCOTLAND

Holyrood Park
At 9.30am and 11.00am
5k run starts at 9.30am
6k & 12k walks start at 11.00am
Contact 0131 208 2500 or visit
www.challengescotland.com

OPEN SPORTS DAY

Edinburgh Sports Club, Belford Place
11.00am to 5.00pm
The Edinburgh Sports Club hosts an introduction to racquetball, squash & table tennis. Fully supervised by qualified coaching staff, plus free fitness testing in the gym.
Contact 0131 539 7071

EDINBURGH BASEBALL OPEN DAY

Warriston Playing Fields
12 noon to 3.00pm
Edinburgh Diamond Devils invite you to give baseball a try while watching a top game in action.
Contact 0792 171 3615

COME & TRY EDINBURGH CYCLE SPEEDWAY

Redbraes Park
12.30pm to 4.00pm
Session aimed at cyclists of all ages and abilities. An opportunity to practice then participate in a series of races.
Contact 0790 354 2232

ENERGY ZONE FREE TASTER

Queensferry High School
11.00am to 12 noon
Edinburgh Leisure offer free Energy Zone activities for S1 to S5 children.
Contact 0131 331 1880

TENNIS OPEN DAY

The Meadows Tennis Courts
2.00pm to 5.00pm
All the family is welcome to come along and join in. Coaches available for advice and to organise games.
Contact 0791 937 7027

MONDAY 7TH JUNE COME & TRY CROQUET

The Meadows
3.30pm to 8.30pm
Meadows Croquet club invite young and old alike to try out croquet for free. Just turn up on the day and please bring flat soled shoes.
Contact 0845 250 4394

FREE GOLF LESSON

Craigentiny Golf Course
At 6.00pm & 7.00pm
Free one hour lessons for beginners offered by Edinburgh Leisure.
Must book in advance on 0131 458 2100

GIRLS BASKETBALL COACHING

Boroughmuir High School

6.30pm to 8.00pm

Polonia Phoenix Basketball offer free basketball coaching and games for girls aged 9 to 14 years. Just turn up on the night!
Contact 0771 971 4932

AN INTRODUCTION TO JU-JITSU

St Stephen's Centre, Howe Street

7.00pm to 9.00pm

Come along and try out jitsu! A two hour introduction to basic techniques on the mat. Suitable for adults aged 18+
Contact ben@edinburghjitsu.com

SOCIAL BADMINTON

George Watson's College

7.30pm to 9.00pm

Play sport in a relaxed and friendly environment. This group meet every week and Badminton is an ideal way to keep fit without the gym.

Book in advance on 0788 190 0251

TUESDAY 8TH JUNE

MASTERS SWIM SESSION

Portobello Swim Centre

6.30am to 8.00am

Open to all swimmers with coaching assistance available.
Contact 0131 669 6888

SHUTTLESCOTS BC V HOTSCOTS FC

Crags Sports Centre

7.00pm to 9.00pm

Annual challenge badminton match between Edinburgh's LGBT Football and Badminton Clubs. Spectators welcome.
Contact 0131 523 1100

TABLE TENNIS OPEN DAY

Church of Good Shepard, Murrayfield

7.30pm to 9.30pm

The Murrayfield Memorial Club invites all standards of players to come along to be coached and play matches. All ages welcome.
Contact 0131 337 7020

TRY KORFBALL

Mary Erskines Sports Hall

8.00pm to 10.00pm

Edinburgh City Korfball Club offer a beginner friendly session to introduce new comers. This sport is a combination of handball, netball & basketball. Open to males and females 18+.
Contact 0787 613 028

WEDNESDAY 9TH JUNE

GIRLS FOOTBALL

Meggetland Sports Complex

The Boroughmuir club invite youth girls to these open training sessions.
Just turn up on the day!

6.00pm to 7.30pm: 9 to 13yrs

7.30pm to 9.30pm: 14 to 17yrs

Contact 0778 869 5135

COME & TRY TANG SOO DO

Meadowbank Sports Centre

6.30pm to 8.00pm

Come along and try out this interesting Martial Art.

Contact 0786 677 7907

COME & TRY SHINTY!

Holyrood Park

7.00pm to 8.30pm

Try out Scotland's other national sport. Open to both males and females aged 14+
Equipment will be provided.
Contact forthcamanachd@googlemail.com

FEMALE GYM, FITNESS & BADMINTON NIGHT

Crags Sports Centre

7.00pm to 10.00pm

Promoting the regular females nights especially for the BME community.
Book in advance on 0131 667 3334

THURSDAY 10TH JUNE

SWANSTON GENTS SENIOR TEXAS

SCRAMBLE GOLF OPEN

Starts at 9.00am

Four person teams.

Book in advance on 0131 445 2239

COME & TRY CROQUET

Lauriston Castle

At 2.00pm & 6.00pm

Come & try croquet at two hour open sessions for all ages. Please bring flat shoes.
Contact 0131 661 9994

AIKI OPEN DAY

Carrickvale Community Centre

6.00pm to 8.00pm

The Muromachi Koto Ryu Aiki Jutsu Club are offering free introductory sessions for all age groups. Just come along on the day!
Contact 0787 155 4111

TRY FIVE-A-SIDE FOOTBALL

Meadowbank Sports Centre

7.00pm to 8.00pm

Keep fit and have fun at this social game of football.

Book in advance on 0788 190 0251

TRY TAI CHI

Gillis Centre

7.00pm to 9.00pm

The L'art Du chi group invite you to join this introduction to Tai Chi.
Contact 0131 669 1804

MASTERS SWIM SESSION

Portobello Swim Centre

8.00pm to 9.00am

Open to all swimmers with coaching assistance available.
Contact 0131 669 6888

FRIDAY 11TH JUNE

FESTIVAL OF SPORT FOOTBALL WORLD CUP

Spartans Football Academy

9.30am to 12.30pm

Local primary schools adopt a World Cup Nation and participate in a fun seven-a-side football tournament. Spectators welcome.
Contact 0131 552 7854

DISABILITY BOWLING

Portobello Indoor Bowling Centre

10.00am to 2.00pm

Come along and see what is on offer for disability groups.
Book in advance on 0131 669 0878

YOUTH RUGBY FESTIVAL

Murrayfield

2.00pm to 4.00pm

Murrayfield Wanderers RFC is offering another two introductions to rugby sessions. Everyone welcome to turn up and try the activities.

Touch Rugby: open to potential players both male and female, no experience necessary.

Youth Rugby: open to all secondary aged children who would like to try out rugby.

Contact: 0131 334 2793

TRY KAYAKING

Port Edgar Sailing School

5.30pm to 8.30pm

Dynamic half hour kayak taster sessions for youngsters aged 8 to 14.
Book in advance on 0131 331 3330

GET ON BOARD SAILING

Port Edgar Sailing School

5.30pm to 8.30pm

High energy sailing taster sessions for youngsters aged 8 to 14.
Book in advance on 0131 331 3330

MURRAYFIELD-DAFS

YOUTH CRICKET COACHING

Roseburn Park

6.00pm to 8.00pm

Cricket coaching and practice sessions aimed at children aged 7 to 14 years. Both beginners and experienced welcome.
Book in advance on 0773 007 4174

FREE GOLF LESSON

Craigentinny Golf Course

At 6.00pm & 7.00pm

Free one hour lessons for beginners offered by Edinburgh Leisure.
Must book in advance on 0131 458 2100

SATURDAY 12TH JUNE

SCOTLAND V WALES CROQUET

INTERNATIONAL

Meadows Croquet Club

9.30am to 4.30pm

Come along and watch top international croquet. Free admission.
Contact 0845 250 4394

BRITISH YOUTH CLIMBING FINALS

Edinburgh International Climbing
Arena, Ratho

10.00am to 5.00pm

Come along and watch Britain's best young
climbers in action.

Contact 0131 333 6333 or

info.ratho@edinburghleisure.co.uk

YOUTH SOCCER CAMP

Gracemount Leisure Centre

10.00am to 12 noon

SFA qualified coaches offer free football
coaching for boys and girls aged 5 to 12.

Contact 0131 658 1940

PORTOBELLO BEACH VOLLEYBALL TOURNAMENT

Portobello Beach

10.00am to 5.00pm

Open to youths and recreational players –
this event has something for everyone.

Spectators also welcome.

Contact 0781 763 1334

EDINA HIBS FOOTBALL OPEN DAY

The Jewel

11.00am to 4.00pm

Fun day for all the local community with
football and multi sports for all ages. Just turn
up on the day!

Contact 0779 697 6957

AIKI OPEN DAY

Carrickvale Community Centre

11.00am to 1.00pm

The Muromachi Koto Ryu Aiki Jutsu Martial Arts
Club are offering free introductory sessions for
all age groups. Just come along on the day!

Contact 0787 155 4111

JITSU YOUTH INTRODUCTION

St Stephen's Centre, Howe Street

12 noon to 1.00pm

Come and try jitsu! Aimed at young people
aged 11-18years. A great way to build
confidence, get fit, learn some really practical
skills and have fun at the same time.

Contact ben@edinburghjitsu.com

VOLLEYBALL COME & TRY SESSION

The Meadows

12.30pm to 4.00pm

All levels welcome for recreational volleyball
with www.jetsvolleyball.co.uk

Contact 0771 928 0169 or

info@jetsvolleyball.co.uk

KAYAK & CANOE OPEN DAY

Forth Canoe Club, Union Canal

1.00pm to 6.00pm

Try out a wide range of water sports including
slalom, sprint and white water. Open to adults
and children over 7 years.

Just turn up on the day!

Contact 0794 193 8912

ORIENTEERING FOR BEGINNERS

Bonaly Country Park

1.00pm to 3.00pm

This event is suitable for all ages with plenty of
assistance available. Just turn up on the day!

Contact 0131 225 7771

WOMEN'S SELF DEFENCE

St Stephen's Centre, Howe Street

1.30pm to 2.30pm

Learn some practical tips and simple
techniques in a friendly and non-threatening
environment.

Women only and all ages welcome.

Contact ben@edinburghjitsu.com

INTRODUCTION TO JU-JITSU

St Stephen's Centre, Howe Street

3.00pm to 4.00pm

Come along and try out jitsu! A one hour
introduction to some basic techniques.

Suitable for adults aged 18+

Contact ben@edinburghjitsu.com

FREE GOLF LESSONS

Craigentiny Golf Course

At 4.30pm & 5.30pm

Free one hour lessons for beginners offered by
Edinburgh Leisure.

Must book in advance on 0131 458 2100

FREE ROUND OF GOLF

Braids, Carrick Knowe,

Craigentiny & Silverknowes

From 6.00pm

Edinburgh Leisure is offering a free round of
golf after 6.00pm.

Booking recommended at each course up to
seven days in advance.

EDINBURGH CYCLING GRAND PRIX

Meadowbank Velodrome

Top UK and International cyclists in action at
this high level event.

Contact coerce@blueyonder.co.uk

SUNDAY 13TH JUNE

RACE FOR LIFE

Holyrood Park Starts at 10.00am

Women's 5k and 10k fundraising event for
Cancer Research UK.

To enter contact 0871 641 2282

HERMITAGE GOLF CLUB FAMILY COMPETITION

10.00am to 3.00pm

The Hermitage Golf Clubs invites entries
from children, family & friends for this fun
competition.

Contact 0131 447 5700

TWO CAPITALS CYCLE RIDE FROM DUNFERMLINE TO EDINBURGH

Starts at 10.00am

Non-competitive fun cycle event, suitable for
all ages.

For more information and entries visit

www.twocapitals.org

PORTOBELLO BEACH VOLLEYBALL TOURNAMENT

Portobello Beach 10.00am to 5.00pm

Open to youths and recreational players – this
event has something for everyone. Spectators
also welcome. Contact 0781 763 1334

FOOTBALL COACHING SHOWCASE

Drumrae Leisure Centre

10.00am to 2.00pm

Spectator event as local youngsters participate
in five-a side football games.

Contact 0131 312 7957

MURRAYFIELD DAFS CC

KWIK CRICKET FESTIVAL

Roseburn Park

10.00am to 1.00pm

Youth Kwik Cricket tournament featuring
several local clubs. There will also be come
and try coaching sessions for youths.

Contact 0773 007 4174

OPEN DAY

Portobello Indoor Bowls Centre

10.00am to 2.00pm

Come along and try out bowling. Something
for all ages from under 5's to over 50's.

Just turn up on the day!

Contact 0131 669 0878

EDINBURGH CYCLING GRAND PRIX

Meadowbank Velodrome

Top UK and International cyclists in action at
this high level event.

Contact coerce@blueyonder.co.uk

COME & TRY PETANQUE

Inverleith Park

10.30am to 5.00pm

Inverleith Petanque Club host an open day
offering coaching and the opportunity to try out
this interesting sport of French boules.

Contact 0774 068 1619

EDINBURGH WOLVES AMERICAN FOOTBALL TOURNAMENT

Meadowbank Stadium

11.00am to 6.00pm

Four team junior tournament, followed by
Wolves v Edinburgh Tigers senior game.
Spectator event.

Contact gm@edinburghwolves.com

CRAIGLOCKHART JUNIOR TENNIS CHAMPIONSHIPS

Craiglockhart Tennis Centre

12 noon to 6.00pm

Series of tennis tournaments open to both
primary and secondary school students.

Book in advance on 0131 444 1969

FRIENDLY OPEN TENNIS TOURNAMENT

The Meadows

2.00pm to 4.00pm

Meadows City Tennis Club invite players of all levels to participate in an Open tennis tournament. Just turn up on the day.

Contact 0774 748 1681

COME & TRY HURLING

Holyrood Park

3.00pm to 4.30pm

Come along and try out the fastest stick sport in the world! All ages welcome and equipment provided.

Contact forthcamanachd@googlemail.com

HEARTS SWIM CLUB OPEN DAY

Drumbrae Leisure Centre

4.00pm to 6.00pm

This is an opportunity for young swimmers to be assessed by a professional coach, with a view to joining the club.

Contact 0796 007 4423

MASTERS OPEN SWIM SESSION

Drumbrae Leisure Centre

7.00pm to 9.00pm

Hearts SC invite swimmers aged over 16 and over to try out for their master section.

Contact 0796 007 4423

**EDINBURGH'S
FESTIVAL OF
SPORT**
★
4 - 13 JUNE 2010

We would like to express our thanks to the following Edinburgh Clubs who are supporting this years Festival of Sport and wish them every success with their events:

City of Edinburgh Volleyball, Boroughmuir Thistle Football, Edina Hibs Football, Edinburgh City Korfbal, Edinburgh Cycle Speedway, Edinburgh Croquet, Edinburgh Diamond Devils Baseball, Edinburgh Ju Jitsu, Edinburgh Southern Orienteering, Edinburgh Sports Club, Edinburgh Wolves American Football, Forth Camanachd Shinty, Forth Canoe Club, Hearts Swim Club, Hermitage Golf Club, Hervoelo Cycling Club, Inverleith Petanque, Jets Volleyball, L'art Du Chi Tai Chi, Meadows City Tennis, Meadows Croquet, Muromachi Koto Ryu Aiki Jutsu, Murrayfield Memorial Table Tennis, Murrayfield DAFS Cricket, Murrayfield Wanderers Rugby, Polonia Phoenix Basketball, Quickdraw Climbing Club, Spartans Community Football, ShuttleScots Badminton, Sunday Brunch Social Group, Swanston Golf Club, UK Tang Soo Do Federation.

Further details of all the events can be accessed from www.activcity.info

BANK OF SCOTLAND NATIONAL SPORTS WEEK

Between 7 – 11 June all Edinburgh's schools will be participating in a National Sports Week, through a huge and varied sports programme. This aims to reinforce what the Active Schools team does every day and will encourage young people to get involved with sport.

This very much incorporates the values of the Festival of Sport, which is to get people active and raise the profile of all the tremendous sporting action happening in Edinburgh.

Contact mel.coutts@edinburgh.gov.uk



HAPPY TO TRANSLATE

ترجمہ کے لئے حاضر ہمسعدنا توفير الترجمة 很乐意翻译
MOŻEMY PRZETŁUMACZYĆ আনন্দের সঙ্গে অনুবাদ করব

You can get this document on tape, in Braille, **large print** and various computer formats if you ask us. Please contact the Interpretation and Translation Service (ITS) on 0131 242 8181 and quote reference number 00368. The ITS can also give information on community language translations. You can get more copies of this document by calling 0131 529 7860.